TOO SICK FOR SCHOOL?

The quick guide to when your child stays home

Keep this on the fridge

Bright Stars Child Care & Preschool

THE SIMPLE TEST: keep your child home if either answer is yes, and check the chart below

› Is my child too uncomfortable or unwell to take part in a normal day?

› Do they need more one-on-one care than a teacher can give while caring for the whole group?

Symptom	Stay home?	They can come back
Fever 100.4°F or higher	YES	After 24 hours with no fever, **without** fever medicine
Vomiting	YES	24 hours after the last time
Diarrhea (frequent, loose, watery)	YES	24 hours after the last time
Strep throat	YES	12 hours after antibiotics start
Impetigo (crusty skin sores)	YES	24 hours after antibiotics start
Head lice or ringworm	Go home for the day	After the first treatment
Chickenpox	YES	When all blisters are dried and crusted
Rash with fever or feeling unwell	YES	When a doctor says it is safe
Pink eye, no fever, acting fine	YES	24 hours after the start of medication
Cold, runny nose, mild cough, acting fine	No	A cold by itself is not a reason to stay home

CALL YOUR DOCTOR RIGHT AWAY

› Any fever of **100.0°F or higher in a baby 3 months or younger**. This is urgent.

› Trouble breathing, wheezing, or fast breathing.

› Not drinking, very few wet diapers, or hard to wake.

IF YOUR CHILD GETS SICK HERE

› We will call you. Please pick up promptly.

› Your child rests apart from the group but always with a teacher in sight.

› The director makes the final call using the state guide.

WHY WE ARE STRICT ABOUT THIS

› A sick child is miserable in a group and gets better faster at home.

› One child sent in with a stomach bug can take out a whole classroom, including the teachers.

MEDICATION REMINDERS

› We need a **written provider order + your permission + the original labeled container**. This includes Tylenol and other over-the-counter medicine.

› Emergency medicine (inhalers, epi pens) must be here before your child can attend.

› Tell us if you gave medicine at home this morning.

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Based on the Colorado Department of Public Health and Environment guide "How Sick Is Too Sick?" | Questions? Call us.