DAILY SCHEDULES

Bright Stars Child Care & Preschool | 6:30 AM to 6:00 PM

INFANT ROOM: your baby sets the schedule

- Babies eat, sleep, and play on **their own rhythm**, not a group timetable. We follow the pattern you tell us about and adjust as it changes.
- **Every sleep:** on the back, in their own crib, nothing else in the crib. Teachers physically check each sleeping baby at least every 10 minutes.
- **Diapers** checked about 30 minutes after arrival and at least every 2 hours after.
- **Bottles** are held, never propped. Tummy time several times a day. Outside time and stroller walks when weather allows.
- You get photos, feeds, naps, and diaper changes logged in the app as they happen.

JR TODDLER ROOM

- **6:30 to 7:00** Arrival, greetings, wash hands, free play. Diaper check 30 min after arrival, then every 2 hours
- **7:00 to 9:00** Wash hands, breakfast, free play
- **9:00 to 9:15** Circle time, large group
- **9:15 to 9:50** Free play, music and movement
- **9:50 to 10:00** Get ready for outside
- **10:00 to 10:30** Teacher-led outside time
- **10:30 to 11:00** Inside, wash hands, free play
- **11:00 to 12:00** Lunch, then get ready for nap
- **12:00 to 2:30** Nap
- **2:30 to 3:00** Wake up, wash hands, diaper check, free play
- **3:00 to 3:30** Snack
- **3:30 to 3:45** Get ready for outside
- **3:45 to 4:15** Teacher-led outside time
- **4:15 to 4:30** Inside, wash hands, free play
- **4:30 to 5:30** Free play, stories, music and movement
- **5:30 to 6:00** Diaper check, wash hands and face, ready for home

SR TODDLER ROOM

- **6:30 to 7:00** Arrival, greetings, wash hands, free play. Diaper check 30 min after arrival, then every 2 hours
- **7:00 to 9:00** Breakfast, wash hands, free play, diaper check
- **9:00 to 9:15** Circle time, large group
- **9:15 to 10:15** Free play, music and movement
- **10:15 to 10:30** Get ready for outside
- **10:30 to 11:00** Teacher-led outside time
- **11:00 to 11:10** Inside, wash hands, diaper check
- **11:10 to 12:00** Lunch, wash hands, diapers, ready for nap
- **12:00 to 2:30** Nap
- **2:30 to 3:00** Wake up, diaper check, wash hands, free play
- **3:00 to 3:20** Snack
- **3:20 to 3:30** Get ready for outside
- **3:30 to 4:00** Teacher-led outside time
- **4:00 to 4:15** Inside, wash hands, water
- **4:15 to 4:30** Teacher-led large group
- **4:30 to 5:30** Free play, all centers open
- **5:30 to 6:00** Diaper check, wash hands and face, ready for home

Schedules are guidelines. Teachers follow the children's needs on any given day, and outdoor times shift with the weather.

DAILY SCHEDULES

Bright Stars Child Care & Preschool | Curriculum: Funshine Express

GREEN ROOM (young preschool)

- **6:30 to 7:00** Arrival, wash hands, free play. Diaper check 30 min after arrival, then every 2 hours
- **7:00 to 9:00** Breakfast, wash hands, free play
- **9:00 to 9:20** Circle time, music and movement, large group
- **9:20 to 10:00** Bathroom, then teacher-led outside time
- **10:00 to 11:10** Inside, wash hands, water, free play
- **11:10 to 12:00** Lunch, clean up, bathroom and diapers, ready for nap
- **12:00 to 2:30** Nap
- **2:30 to 3:00** Wake up, quiet activities, bathroom, diaper change
- **3:00 to 3:20** Snack
- **3:20 to 3:45** Teacher-led large group, then ready for outside
- **3:45 to 4:15** Teacher-led outside time
- **4:15 to 4:30** Inside, bathroom, wash hands, water
- **4:30 to 5:30** Free play, all centers open
- **5:30 to 6:00** Getting ready to go home

BLUE ROOM (preschool)

- **6:30 to 7:00** Arrival, wash hands, free play
- **7:00 to 9:00** Breakfast, wash hands, free play
- **9:00 to 9:20** Circle time: calendar, weather, the day's plan, daily jobs
- **9:20 to 9:30** Teacher-led gross motor, music and movement
- **9:30 to 10:20** Free play, all centers open
- **10:20 to 11:00** Get ready, drink water, then teacher-led outside time
- **11:00 to 12:00** Inside, wash hands, lunch, clean up, ready for nap
- **12:00 to 2:30** Nap
- **2:30 to 3:00** Wake up, quiet activities, bathroom, wash hands
- **3:00 to 3:30** Snack
- **3:30 to 4:15** Bathroom, wash hands, teacher-led outside gross motor play
- **4:15 to 4:30** Inside, bathroom, wash hands
- **4:30 to 5:30** Free play, all centers open
- **5:30 to 6:00** Getting ready to go home

YELLOW ROOM (Pre-K and UPK)

- **6:30 to 7:30** Free play, all centers open
- **7:30 to 9:00** Wash hands, breakfast
- **9:00 to 9:30** Clean up centers, then circle: calendar, the day's plan, books, songs, movement
- **9:30 to 9:50** Small group activities
- **9:50 to 10:30** Bathroom, coats, then teacher-led outside gross motor play
- **10:30 to 11:30** Inside, free play, all centers open
- **11:30 to 11:45** Clean tables, wash hands, get ready for lunch
- **11:45 to 12:15** Lunch
- **12:15 to 12:30** Get ready for nap
- **12:30 to 2:30** Nap and rest
- **2:30 to 2:45** Snack
- **2:45 to 3:00** Circle time
- **3:00 to 3:45** Bathroom, wash hands, then teacher-led outside time
- **3:45 to 4:00** Inside, bathroom, wash hands
- **4:00 to 5:30** Free play, all centers open
- **5:30 to 6:00** Quiet table activities, books, fine motor, art

SCHOOL-AGE (before and after school)

- **6:30 to 7:30** Arrival, breakfast, quiet play
- **Morning** Shuttle to Village East, Highline, and Ponderosa elementary schools
- **After school** Shuttle pickup, count on and off the vehicle by name and face
- **Arrival back** Wash hands, snack
- **Then** Homework help, then outside play when weather allows
- **4:30 to 5:30** Games, projects, and free choice
- **5:30 to 6:00** Tidy up, quiet activities, pickup
- **Summer camp** runs a different schedule with field trips several times a week. Permission slips are required, and the calendar is posted each month.

Schedules are guidelines. Teachers follow the children's needs on any given day, and outdoor times shift with the weather.